

MED 159, Section Y & Y1 (3 credits)

Introduction to Music Therapy

Online Course

Part of “Creative Arts in Therapy”
cognate (AT_0099)

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This is an introductory survey course about music therapy, an allied health and education profession. Music therapists work in medical, educational, and behavioral health settings. Come learn about the history of music therapy, psychology underlying why it works, and how music therapy can be used to help individuals of all ages and ability levels.

What is music therapy?

Music therapy is defined as “the clinical and evidence-based use of music interventions to accomplish individualized goals for people of all ages and ability levels within a therapeutic relationship by a credentialed professional.” (*Scope of Music Therapy Practice*, 2015).

